

Health Brochures

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Tuesday, 05 August 2008 01:11 - Last Updated Wednesday, 18 May 2011 08:44

Holden Dynamics have now published two Health Food brochures. Our company Principal, Carl Holden, is a Healthy lifestyle enthusiast, becoming a committee member of the Board of the Natural Health Society of Australia, by personal invitation. Our Health Publications:

1. The Incredible Cherry
2. The Benefits of Beetroot

..... and there's more to come